

Step 1

Try to write down the meaning of each of the idioms below:

to have a change of heart _____

to have a heart of gold _____

to learn sth by heart _____

to set one's heart on sth _____

to wear one's heart on one's sleeve _____

to eat one's heart out _____

to have a heart of glass _____

to have a heart of oak _____

one's heart goes out to sb _____

to take sth to heart _____

to take heart _____

to be all heart _____

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Step 2

Match the definitions below with the idioms in Step 1

- a) to have one's confidence, courage, or happiness bolstered (by something)
- b) to feel great sadness / to be jealous
- c) to experience a change in one's opinion or feelings on a matter
- d) to learn something so well that it can be written or recited without thinking; to memorize something
- e) to openly display or make known one's emotions or sentiments
- f) to be very sincere, generous, and kind by nature
- g) to be very kind and generous (this phrase is often used humorously, especially in the UK, to mean the opposite)
- h) to be a very emotionally and/or mentally strong person
- i) to have or be in a state of extreme emotional fragility or susceptibility, one that is easily influenced or affected by others
- j) to want to get or achieve something very much
- k) one feels sympathy toward someone, typically because someone is experiencing a particularly tragic situation
- l) to treat something as significant or important and be moved, affected, influenced, or upset by it at a personal level

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Step 3

Check your answers in Part 1 and 2 with the answers below:

to have a change of heart (c) - zmienić zdanie / nastawienie

to have a heart of gold (f) - mieć złote serce

to learn sth by heart (d) - uczyć się czegoś na pamięć

to set one's heart on sth (j) - bardzo czegoś chcieć

to wear one's heart on one's sleeve (e) - nie kryć swoich uczuć, mieć serce jak na dłoni

to eat one's heart out (b) - zadręczać się

to have a heart of glass (i) - być bardzo wrażliwym / kruchym emocjonalnie

to have a heart of oak (h) - być bardzo silnym emocjonalnie

one's heart goes out to sb (k) - współczuć komuś

to take sth to heart (l) - wziąć sobie coś do serca

to take heart (a) - nabrać otuchy, poczuć się pewniej

to be all heart (g) - być bardzo miłym (często używane z sarkazmem)

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